

**malouf new middle eastern pdf**

Falafel is made from fava beans or chickpeas. The use of chickpeas is predominant in most Middle Eastern countries, such as Israel, Jordan, Lebanon, Palestine and Syria. This version is the most popular in the West. In Egypt, fava beans, chickpeas, or often a combination of the two may be used.

**Falafel - Wikipedia**

a Arab ethnicity should not be confused with non-Arab ethnicities that are also native to the Arab world. b Not all Arabs are Muslims and not all Muslims are Arabs. An Arab can follow any religion or irreligion. c Arab identity is defined independently of religious identity.

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